

Minnesota State High School League Sports Physicals

Monday, July 30, 5:00 p.m. - 8:00 p.m.

9555 Upland Lane North, Maple Grove

Thursday, August 2 and 9, 5:00 p.m. - 8:00 p.m.

8100 Northland Drive, Bloomington

Tuesday, August 7, 5:00 p.m. - 8:00 p.m.

155 Radio Drive, Woodbury



TRIA is offering FREE pre-participation exams for student athletes participating in high school level athletics.

Registration coming soon:

tria.com/events/mshsl-physicals

Walk-ins are accepted, but will be completed between reserved appointments.

A parent or guardian is required to accompany their student athlete if under the age of 18.

Athletes should wear loose fitting clothing.

Contact sportsmedicine@tria.com for any questions.



These physicals are pre-participation exams (PPE) strictly intended to meet MSHSL requirements. The purpose is to screen for physical and medical conditions that might put the student at risk for participation. The PPE does not replace your annual checkup or wellness exam with your primary care provider for immunizations and important age appropriate health guidance. If the student athlete is currently under medical care that requires further follow up prior to clearance for athletic participation, the student athlete will be referred to the appropriate medical provider.



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